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#### ABSTRACT

This trainer's manual is a companion volume to five local handbooks developed to support specialized implementation of the National Career Development Guidelines in elementary schools, middle and junior high schools, high schools, post-secondary institutions, and business organizations. It describes a 2-day training workshop for members of local steering committees in institutions that are committed to using the National Career Development Guidelines products to improve existing programs and that have obtained administrative endorsement for the improvement effort. The major purpose of the training workshop is to help the steering committee understand the implementation strategies and develop a managerial plan. Part I of the trainer's manual provides an introduction to the training process and contains information that will help the team design and prepare for the training workshop. Topics include an overview of the National Career Development Guidelines Project, uses of the manual, trainers' qualifications, training workshop design, sample training agenda, and preparation checklist. Part II gives complete instructions needed to conduct the training workshop and is organized around actual training workshop sessions providing orientation, introduction, planning activities, development activities, implementation activities, steering committee management plan, and workshop wrap-up and evaluation. The guide also contains 14 handouts and 30 transparencies that are needed to conduct the training workshop. (NB)

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American School Counselor Association (ASCA)
American Vocational Association (AVA) Guidance Division
Association of Computer-Based Systems for Career
Information (ACSCI)
Council of Chief State School Officers (CCSSO)
National Association of State Career Development/Guidance
Supervisors (NASCD/GS)
National Association of State Occupational Information
Coordinating Committees (NASOICC)
National Career Development Association (NCDA)

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- To help states use occupational and labor-market information to design effective vocational education and employment and training programs.
- To help states provide sound information about education, jobs, occupations and careers for individual career decision-making.



# National Career Development Guidelines Trainer's Manual

NATIONAL OCCUPATIONAL INFORMATION COORDINATING COMMITTEE 2100 M Street N.W., Suite 156 Washington, D.C. 20037 1989







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# **PREFACE**

The National Career Development Guidelines initiative sponsored by the National Occupational Information Coordinating Committee (NOICC) is a collaborative effort involving leadership in career guidance and counseling from the national, state, and local levels. It represents a major nationwide effort to foster excellence in career development programs, kindergarten through adult.

This initiative has resulted in the development of a series of local implementation handbooks for the following program settings: Elementary Schools, Middle/Junior High Schools, High Schools, Post-secondary Institutions, and Community and Business Organizations. These five products along with this Trainer's Manual were field tested in ten states through model demonstration grants from NOICC. The Trainer's Manual is designed to be used by qualified trainers to train local steering committees in the process of implementing the National Career Development Guidelines. This manual continues the emphasis that NOICC has placed on providing training materials for counselor educators and supervisors.

The Trainer's Manual was developed by the North Dakota State Occupational Information Coordinating Committee (SOICC) and subsequently revised through a grant to the Oregon Occupational Information Coordinating Committee (OOICC). I would like to thank several individuals who worked on this effort. First, Dr. Dan Marrs, Executive Director of the North Dakota Occupational Information Coordinating Committee, and Nancy Hargis, Executive Director of the Oregon Occupational Information Coordinating Committee, provided administrative support. Dr. Juliet Miller, Columbus, Ohio, and Dr. Janet Treichel, Herndon, Virginia, developed the Trainer's Manual. Valuable input was given by those who reviewed the manual and piloted the training design during NOICC-sponsored training to those states that received grants, especially Dr. Norman Gysbers, University of Missouri-Columbia and Linda Pfister, Orlando, Florida.

Finally, I would like to thank Dr. Mary E. McCormac who provided the project leadership at NOICC.

JULIETTE N. LESTER
Executive Director
National Occupational Information
Coordinating Committee



#### **OVERVIEW**

Increasing attention has focused on the need for high quality programs that provide youth and adults with the competencies necessary to identify, understand, and address their career-related needs. The National Career Development Guidelines initiative represents a major nationwide effort to foster career development at all levels.

The purpose of the guidelines is to serve as a catalyst for the development of standards at the state and local levels. The National Career Development Guidelines include statements of desired career development competencies and indicators, personnel requirements and organizational capabilities that provide the underpinning for a comprehensive career development program. Standards based on these guidelines will define an acceptable level of performance and are the criteria against which the adequacy and effectiveness of programs can be evaluated and improved.

This series of products addresses the establishment and implementation of standards at the local level. The National Career Development Guidelines: Trainer's Manual is one of six products in this series. The five other products contain the National Guidelines and implementation strategies tailored for five program settings including community and business organizations, post-secondary institutions, high schools, middle/junior high schools, and elementary schools.

The purpose of this Trainer's Manual is to provide the design for a training workshop that will support the use of the National Guidelines products. The workshop is designed to train local steering committee members from organizations that are committed to using the National Guidelines. It is recommended that an administrator also attend training to strengthen organizational commitment. Selected sessions of the training design can also be used in brief awareness sessions to introduce the National Guidelines and in preservice education programs.

The goal of training is to help the steering committee understand the implementation strategies and develop a management plan for completing the process. It is also suggested that key administrators attend training so that they can better understand the benefits and commitments related to implementing the guidelines. It is strongly recommended that the trainees review the National Career Development Guidelines' product for their program setting prior to training so that they have a working knowledge of the guidelines and the implementation process.

It is recommended that training be conducted by a two- or three-person team of qualified trainers that includes a member of the NOICC National Career Development Guidelines Training Cadre, state department personnel, staff from the state occupational information coordinating committee (SOICC) or state career information delivery system. (CIDS), counselor educators, local school, institution, or agency staff, and/or other qualified persons. NOICC has initiated and prepared a cadre of qualified trainers for the National Career Development Guidelines. Members of this cadre can enhance state and local training resources.



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A list of the Cadre members is available from:

Andrea Baker
NOICC Training Support Center
Education and Work Program
Northwest Regional Educational Laboratory
101 SW Main, Suite 500
Portland, Oregon 97204
(503) 275-9595

Part I of this *Trainer's Manual* provides an introduction to the training process and contains information that will help the team design and prepare for the training workshop. Topics include an overview of the National Career Development Guidelines Project, uses of the *Trainer's Manual*, trainers' qualifications, training workshop design, sample training agenda, and preparation checklist.

Part II gives complete instructions needed to conduct the training workshop and is organized around actual training workshop sessions including orientation, introduction, planning activities, development activities, implementation activities, steering committee management plan, and workshop wrap-up and evaluation.

This guide also contains 14 handouts and 30 transparencies that are needed to conduct the training workshop.

# PART I: INTRODUCTION TO THE TRAINING DESIGN

# Overview of the National Career Development Guidelines Project

This Trainer's Manual is a companion volume to the five Local Handbooks which support specialized implementation of the National Career Development Guidelines.

The purpose of this *Trainer's Manual* is to provide the design for a training workshop that will support the use of the National Career Development Guidelines products. Specific goals of the training workshop are to help participants:

- 1. Become familiar with the National Career Development Guidelines products.
- 2. Better understand the basic concepts related to career development and to career guidance and counseling programs.
- 3. Better understand the career development competencies and indicators that are recommended by the National Career Development Guidelines.
- 4. Better understand the National Career Development Guidelines program implementation strategies.
- 5. Conduct team building to help the steering committee function more effectively.
- 6. Increase motivation and interest in implementing the National Career Development Guidelines.
- 7. Identify resources that can support implementation.
- 8. Develop an implementation management plan.

# Uses of the Trainer's Manual

This Trainer's Manual describes a training workshop for members of local steering committees in institutions that are committed to using the National Career Development Guidelines products to improve existing programs and that have obtained administrative endorsement for the improvement effort. The major purpose of the training workshop is to help the steering committee understand the implementation strategies and develop a management plan. The design is flexible enough to permit several steering committees from different institutions to attend the same training session. The training workshop will require two days.

The training workshop design can be modified to meet other needs such as the following:

Extended Training for Steering Committees. An alternate design for the steering committee is to provide this training in several separate sessions over an extended period of time. For example, a one-day session might be conducted at the beginning of the implementation strategies that covers the orientation, introduction and planning activities sections. The sections on development activities and implementation activities could be presented later when the steering committee members have completed their planning activities.



Awareness and Motivation. A one-half day workshop can be conducted to help individuals or groups decide whether they want to use the National Career Development Guidelines products to improve their program. Session 2: Introduction in the *Trainer's Manual* should be used for an awareness and motivation seminar.

Pre-service Counselor Education. To provide an overview of the National Career Development Guidelines products for students in pre-service counselor education programs, training sessions and activities can be tailored to be compatible with course length and the number of class sessions. These training materials are particularly appropriate for use in courses on program organization, management and administration or on career development and information.

# Trainers' Qualifications

It is recommended that training be conducted by a training team of two to three trainers, that includes state department guidance staff, staff from the state occupational information coordinating committee (SOICC) or state career information delivery system (CIDS), counselor educators, local school, institution, or agency staff, and/or other qualified persons.

Members of the training team should be familiar with the National Career Development Guidelines products. At a minimum, they should have thoroughly read one of the five products and reviewed each of the products for the various program settings that will be represented during the training workshop. Preferably, trainers should have attended a training workshop based on the products.

The training team needs proven expertise in the areas of career development, career guidance and counseling, career information resources, curriculum development, and program evaluation. Furthermore, each member of the training team should have previous experience as a trainer with expertise in facilitating small groups.

In addition to the training team, the workshop design suggests the use of several types of resource persons during the training workshop. State and local level personnel with expertise in media and library facilities and resources, curriculum development, assessment and evaluation, and career information resources are such resource persons.

NOICC has established a National Career Development Guidelines Training Cadre of qualified trainers who can enhance state and local training resources. A list of cadre members is available from:

Andrea Baker
NOICC Training Support Center
Education and Work Program
Northwest Regional Educational Laboratory
101 SW Main, Suite 500
Portland, OR 97204
(503) 275-9595



# Training Workshop Design

Session 1: Orientation Purpose:

The purpose of this session is to give introductions, provide an overview of the training workshop, and set a

positive climate for training.

Total Time:

1 hour

Large Group Activity:

Lecture: **Group Activity:**  **Introductions** 

Workshop Overview Group Strengths

Session 2: Introduction

Purpose:

The purpose of this session is to provide an introduction to the National Career Development Guidelines including

background, benefits, and overview of their content and

the recommended implementation strategies.

Total Time:

2 1/2 hours

Background Lecture:

Background of the National Career Development

Guidelines

**Optional Activity:** 

Video

Comprehensive Lecture:

Programs Team Activity:

Comprehensive Career Guidance and Counseling

Initial Program Review

Benefits Lecture:

Current Trends and Issues

**Identifying Benefits** Large Group Activity:

National Career Lecture: Development Team Activity:

Overview of Local Handbook

Readiness Checklist

Session 3:

Planning Activities

Guidelines-Overview

Purpose:

The purpose of this session is to introduce the planning

activities and provide specific information related to forming committees and subcommittees, conducting needs assessment, establishing standards and planning evaluation

Total Time:

3 hours

Planning Activity Lecture:

Overview of Planning Tasks

Committees and Lecture: Subcommittees Team Activity:

Overview of Committees and Subcommittees Organizing Committees and Subcommittees



Needs Assessment Lecture:

**Group Activity:** 

Lecture: **Group Activity:** 

Team Activity:

Career Development Competencies

Review of the Competencies and Indicators

Needs Assessment Needs Assessment

Initial Planning for Needs Assessment

Establish Standards Lecture:

**Group Activity:** 

Setting Standards Establish Standards

Session 4:

**Development Activities** 

Purpose:

The purpose of this training session is to introduce the development activities and provide specific information related to conducting a program review, designing new program activities, planning evaluation, and identifying

staff development needs.

Total Time:

3 1/2 hours

Development Lecture: **Activities** 

Overview of Development Activities

Program Review Lecture:

**Group Activity:** 

Program Review

Sources of Program Review Information

Designing Program Group Activity:

**Activities Group Activity:** 

Identifying Program Development Resources

Designing Program Activities

Evaluation Design

Lecture:

**Group Activity:** 

Team Activity:

Program Evaluation

Designing Measures **Evaluation Planning** 

Session 5:

Implementation

**Activities** 

Purpose:

The purpose of this training session is to introduce the implementation activities and provide specific information related to conducting staff development, monitoring program implementation and using evaluation results.

Total Time:

1/2 hour

Lecture:

Overview of Implementation Activities

Session 6:

Develop a Steering

Committee

Management Plan

Purpose:

To give local steering committees the opportunity to use

the information from training to develop a management

plan.

Total Time:

2 hours

Lecture:

**Team Activity:** 

Management Plans

Developing a Steering Committee Management Plan

Session 7:

Workshop Wrapup and Evaluation Purpose:

To clarify final questions from trainees and evaluate the

training workshop.

Total Time:

1 hour

Group Discussion: Individual Activity:

Questions, Forms and Certificates Workshop Evaluation Instrument



# Sample Two-Day Training Agenda

#### First Day

8:30-9:30 Workshop Orientation

#### 9:30-12:00 Introduction

- » Background
- » Comprehensive Career Guidance Programs
- » Benefits of Comprehensive Programs
- » Overview of the National Career Development Guidelines

#### 12:00-1:00 Lunch

#### 1:00-4:00 Planning Activities

- » Planning Tasks
- » Committee and Subcommittees
- » Needs Assessment
- » Standards

#### Second Day

# 8:30-12:00 Development activities

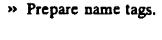
- » Overview Development Tasks
- » Program Review
- » Designing Program Activities
- » Evaluation

#### 12:00-1:00 Lunch

- 1:00-1:30 Implementation Activities
- 1:30-3:30 Steering Committee Planning
- 3:30-4:00 Wrap-up and Evaluation



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sheet, and awareness brief.



» Secure copies of National Career Development Guidelines video, fact

- 7. Arrange equipment and facilities:
  - » Flip charts
  - » Table to display materials
  - » Overhead projector
  - » Video player
  - » Microphone and podium or head table
  - » Scating arrangement--tables set for small groups
  - » Refreshments and meals
- \_\_\_\_ 8. Provide incentives for training:
  - » Arrange continuing education credit from colleges or universities and provide appropriate forms at workshop.
  - » Arrange continuing education units for certification or licensure.
  - » Provide certificates of attendance.
  - » Send letters verifying attendance to trainees' supervisors.



# PART II: TRAINING WORKSHOP

Session 1: Orientation Furpose:

The purpose of this session is to give introductions,

provide an overview of the training workshop, and set a

positive climate for training.

**Total Time:** 

1 hour

Large Group Activity:

Introductions (10 minutes)

- 1. Introduce state and local leaders.
- 2. Have leaders welcome trainees and communicate their commitment to the implementation effort.
- 3. Have trainers introduce themselves by giving their name, institution, and a description of their experience related to career guidance and counseling.

Lecture:

Workshop Overview (10 minutes)

- 1. Distribute Handout 1: Goals of the Training Workshop, review the goals of training and answer any questions that trainees may have.
- 2. Review the training workshop agenda and clarify the following:
  - This is an introductory workshop. The National Career Development Guidelines products contain additional information that will be helpful to the Steering Committee members as they complete the steps in the implementation strategies.
  - The Steering Committee members may want to seek additional training and assistance from both internal and external resource persons throughout the implementation strategies.
  - » Success of this training workshop will depend on the willingness of trainees to participate actively and share ideas with each other.
  - » Although a variety of ideas will be provided during training, trainees will want to assess their usefulness for their setting.
- 3. Review the logistics of the workshop with trainees including:
  - » Breaks
  - » Meals
  - » Provisions for messages
  - » Evening activities



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#### Session I: Orientation-Cont'd

**Group Activity:** 

Group Strengths (40 minutes)

- 1. Ask trainees to find someone who shares the same birth month.
- 2. After they have found that person, ask them to interview him or her to identify:
  (a) one life accomplishment of which he or she is particularly proud and (b)
  the key skills and information that he or she has that will be useful to program
  improvement activities. Ask trainees to be prepared to introduce the person to
  the total group.
- 3. Give trainees time to interview each other. Call time after ten minutes and ask them to exchange roles so each has time to complete their interview.
- 4. After both people have been interviewed (about 20 minutes), have trainees introduce each other to the total group.



# Session 2: Introduction

Purpose:

The purpose of this session is to provide an introduction to the National Career Development Guidelines including background, benefits, and overview of their content and the recommended implementation strategies.

Total Time: 2 1/2 hours

Background Time: 30 minutes

Goal: Describe the background of the National Career Development Guidelines

Lecture:

Background of the National Career Development Guidelines

1. Use Transparency 1: Purpose.

- » The purpose of the National Career Development Guidelines is to stimulate national, state, and local activities that result in improved career development programs.
- 2. Use *Transparency 2: Uses*. The primary uses of the National Career Development Guidelines are to:
  - » Strengthen career development programs at all levels.
  - » Enhance the achievement of career development competencies.
  - » Develop state and local career development standards.
  - » Improve existing programs.
  - » Support program evaluation.
- 3. Use Transparency 3: Historical Background. The National Occupational Information Coordinating Committee (NOICC) sponsored the National Career Development Guidelines project in response to the interest of several groups including:
  - » The National Career Development Association
  - >> The American Vocational Association's Guidance Division
  - » State Supervisors of Guidance
  - Other groups interested in developing guidelines for career guidance to support the implementation of the Carl D. Perkins Vocational Education Act (1984).



- 4. Use Transparency 4: Guidelines' Development. Several groups and states have been involved in the development of the National Career Development Guidelines to ensure that they are comprehensive and that they represent national consensus. These have included:
  - » National Leaders -- Project Leadership Team that included representatives of the American Vocational Association's Guidance Division, the National Career Development Association, the Association for Counselor Education and Supervision, the American School Counselor Association, the American Association for Counseling and Development, the U.S. Department of Education - Office of Vocational and Adult Education, and NOICC.
  - » Practitioners -- The Project Review and Implementation Planning Group included members from the state, local and business and industry settings, representing all levels of career guidance and counseling practice.
  - » Career Development Experts -- The Expert Review Panel that included national experts in career guidance and counseling.
  - State Grants -- Grants to states to use the National Career Development Guidelines to strengthen or develop state-level career development program standards or guidelines.
  - » Local Pilot Sites -- Grants through states to local program sites to use the National Career Development Guidelines to strengthen existing programs.
- 5. Use Transparency 5: States Implementing the Guidelines. Use of the National Career Development Guidelines is being tested through NOICC grants to support state disseminate and local level implementation. These grants include:
  - » 1987 1989 Grants to four states to develop local implementation sites and to dissemination the results of these pilots to other sites.
  - » 1988 1989 Grants to six additional states with emphasis on developing state-level guidelines and standards based on the National Career Development Guidelines. (total: 10 states)
  - » 1989 1990 Grants to ten additional states to develop and disseminate state guidelines based on the National Career Development Guidelines. (total: 20 states)
  - 3 1987 1990 In addition to the NOICC grant states, at least four other states have used the National Career Development Guidelines to develop state guidelines.



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- 6. Use Transparency 6: Endorsements. A number of national professional associations and groups have endorsed the National Career Development Guidelines:
  - » American Association of Counseling and Development (AACD)
  - » Association for Computer-Based Systems for Career Information (ACSCI)
  - » American School Counselor Association (ASCA)
  - » American Vocational Association's (AVA) Guidance Division
  - » Council of Chief State School Officers (CCSSO)
  - » National Association of State Career Development/Guidance Supervisors (NASCD/GS)
  - » National Association of State Occupational Information Coordinating Committees (NASOICC)
  - » National Career Development Association (NCDA)

**Optional Activity:** 

Video

Show the National Career Development Guidelines video to provide an overview of the guidelines and implementation strategies. (Video will be available in the Spring 1990 from the SOICC Director).

# Comprehensive Programs

Time:

45 minutes

Goal:

Provide a definition of comprehensive programs

Lecture:

Comprehensive Career Guidance and Counseling

1. Use Transparency 7: Comprehensive Program Model.

Note to trainer:

The local handbooks for postsecondary institutions and community and business organizations use the term, career development program instead of career guidance and counseling program.

- » Career guidance and counseling is an integral part of comprehensive guidance and counseling programs.
- » Guidance and counseling programs typically address three main goal areas: personal/social goals, educational goals, and career goals.



- » These three areas overlap and share goals. For example, goals related to self-esteem, self-awareness, and interpersonal relationships relate to both personal/social and career goals. Career information, information seeking, decision making, and placement goals relate to both educational and career goals.
- 2. Use Transparency 8: Comprehensive Programs. The purpose of the National Career Development Guidelines is to support the development and improvement of programs to ensure that they:
  - » Are identifiable but integrated with other programs areas.
  - » Are coordinated with other institutional or organizational programs and articulated with programs at other levels.
  - » Enhance the career development attitudes, skills, and knowledge of program participants.
  - >> Use coordinated activities such as instruction, counseling, assessment, career information, placement, consultation, and referral.
  - » Have a defined structure including qualified leadership, diversified staffing, adequate facilities, materials, financial resources, and effective management.
  - » Are accountable with evaluation that addresses both participant outcomes and program strategies.
- 3. Use Transparency 9: Program Plan. During the implementation strategies, a Career Guidance and Counseling Program Plan or Career Development Program Plan will be developed, implemented, evaluated and revised. This plan will include:
  - » Mission. A mission statement that clearly relates the purpose of the career development program to the organization.
  - » Career Development Standards. Standards that state how and at what level the program participants will demonstrate achievement of the competencies and present a sequence for the delivery of the standards.



Program Description. An overview of program strategies organized by each of the competencies. For each standard the following will be described:

> Process. The specific career development procedures for each

standard.

Specific activities for each standard. Activities.

Audiences. The program participants who will experience each

activity.

Staff. The staff who will deliver each activity.

Schedule. A schedule of when each of the activities will begin and

end.

» Program Structure. The program structure will be described through the following:

Leadership. A description of who will mange the program, their roles and responsibilities, and support requirements.

Staffing. A description of each type of staff member, their roles and

responsibilities.

Facilities. A list of the types of facilities needed including physical

space, equipment, materials, and supplies.

Budget. A formal budget detailing the financial support required.

Manage-A management plan that includes a description of all ment Plan

management tasks needed to ensure successful

implementation of the program.

Program Schedule. A schedule for the delivery of the program with activities listed by month and group served.

Evaluation Plan. A plan for evaluating the program and for using the results for program improvement.



4. Summarize that the goal of implementing the National Career Development Guidelines is to make programs more comprehensive through the use of a Career Guidance and Counseling Plan or a Career Development Program Plan.

Team Activity:

Initial Program Review

1. Note to trainer:

This and all Team Activities will give local steering committees an opportunity to apply information to their program. During *Team Activities*, trainees should meet with other members of their local steering committee.

- 2. Distribute Handout 2: Initial Program Review and ask trainees to meet with their local steering committee team.
- 3. Have each team review the current status of its program by discussing these questions.
- 4. When the teams have completed their discussions, reconvene the large group. Ask teams if they would like to share any general comments about their programs. Make this voluntary.

Benefits Time:

45 minutes

Goal:

Identify benefits of comprehensive programs

Lecture:

Current Trends and Issues

- 1. Several social, economic, and educational trends are creating problems and concerns for organizations that provide career development programs.
- 2. Organizations are more likely to accept and support programs if program benefits relate to these problems and concerns.
- 3. Use Transparency 10: Trends and Issues. Some current trends and issues include:
  - Changing Population. The population demographics are changing. Career development programs are being challenged to respond to a greater diversity of individuals. This challenge includes the need to provide access to high quality programs that meet the unique needs of such groups as women, minorities, the poor, the handicapped and immigrants.
  - >> Changing Workplace. Workplace changes show a redistribution of available jobs, a more rapid rate of change that creates the need for more frequent career decisions, and new workplace demands for interpersonal, problem solving, and creative skills.



- » Family Involvement. Family members greatly influence each other's career development. The trend toward more diverse family structures highlights the need for finding effective ways to combine work and family roles and to involve parents in their child's career development.
- » Program Excellence. Defining program excellence is a high priority at all levels. Many national, state, and local groups are defining excellence in terms of program goals and standards. Staff are being challenged to develop programs that increase individual performance related to these standards.
- » Program Articulation and Coordination. Programs are delivered by a variety of agencies, organizations, and educational institutions. Coordination and articulation are needed to avoid duplication of or gaps in the types of assistance received.

#### Large Group Activity: Identifying Benefits

- 1. Distribute *Handout 3: Program Benefits* and ask trainees to work alone and list one problem or concern and one program benefit for each of the five trends.
- 2. Next ask trainees to share with the large group and list ideas presented by other group members on their handout. Start with the first trend and ask each trainee to give one problem/concern and one program benefit. Be sure that each trainee gives only one suggestion and do not encourage discussion since the idea is to share as many ideas as possible. Trainees may pass if someone else has given their suggestion.
- 3. When trainees have given several suggestions about the first trend, continue this process for the other four trends.
- 4. Summarize the activity by telling trainees that the needs and benefits which they have listed can be used to communicate the benefit of their program improvement effort to others. Distribute Handout 4: Benefits Summary that summarizes benefits of programs.



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National Career Time: Development Guidelines--Overview

30 minutes

Goal:

Give an overview of the National Career Development

Guidelines Local Handbooks

Lecture:

Overview of Local Handbooks

1. Have trainers turn to the table of contents of the National Career Development Guidelines Local Handbook and review the organization of the handbook.

Note to trainer. There are five handbooks including community and business organizations postsecondary institutions, high schools, middle/junior high schools, elementary schools. Trainees should have the handbook that is most appropriate for their program setting.

- 2. Have trainees turn to The Guidelines' Content in Part I of the handbook and ask them to scan the section so they are familiar with the content of the National Career Development Guidelines.
- 3. Use Transparency 11: The Guidelines' Content. Stress that guidelines are provided for three areas:
  - » Program participant competencies and indicators
  - » Organizational capabilities
  - » Personnel requirements
- 4. Use Transparency 12: Competency Areas and emphasize the following points:
  - » The competencies and indicators describe the abilities, skills, and knowledge that individuals will achieve as a result of the program.
  - » Competencies are broad career development goals whereas indicators describe specific abilities, knowledge, and skills that participants need to develop to achieve the competencies.
  - » The competencies are organized by three broad areas including selfknowledge, educational and occupational exploration, and career planning.
  - » The competencies are organized by four levels including elementary school, middle/junior high school, high school, and adult.
  - » The competencies and indicators specify the intended outcomes of the program and will be used to develop standards that will guide program review, improvement, and evaluation.



- 5. Use Transparency 13: Organizational Capabilities and emphasize the following points:
  - Organizational capabilities include program structure and commitments, facilities, and training and materials.
  - » The Career Development Program Plan is recommended as an effective way to describe the program to support implementation and evaluation.
- 6. Use Transparency 14: Staff Competency Areas and emphasize the following points:
  - » These competencies specify the areas of knowledge and skills needed by counselors and other staff to deliver career guidance and counseling programs.
  - » The staff competencies are organized around counseling, information, individual and group assessment, management and administration, implementation, consultation, and special populations areas.
- 7. Introduce the implementation strategies by explaining that they are designed to:
  - » Help program staff use the National Career Development Guidelines to improve existing programs.
  - » Be flexible and adapted to the size, staff, and resources of the organization.
- 8. Use Transparency 15: Advantages of the Implementation Strategies to clarify that the implementation process can help program staff:
  - » Secure commitments and resources
  - » Strengthen staff career development expertise
  - » Team effectively
  - » Clarify their roles and responsibilities
  - » Implement the revised program on a reasonable time schedule
  - » Involve key groups in the decision process
  - » Use improvement resources effectively
  - » Evaluate the outcomes of the program



9. Use Transparency 16: Implementation Strategies. The National Career Development Guidelines' implementation strategies can be used to improve programs by building on the strengths of the existing program.

Note to trainer: The timelines are suggested but may be modified to meet organizational needs.

This process includes the following steps:

- » Planning (Months 1-6)
- » Development (Months 6-12)
- » Implementation (Months 12-24)
- 10. Clarify that this training workshop will provide information about this implementation strategy and will help teams develop a steering committee management plan to guide the actual implementation process.
- 11. Several pre-planning activities will help secure the support and commitments needed for successful implementation. The following team activity will introduce these activities through the use of a Readiness Checklist.

#### Team Activity: Readiness Checklist

- 1. Distribute Handout 5: Readiness Checklist and ask trainees to meet with their local steering committee team.
- 2. Ask individual team members to complete the *Readiness Checklist* by checking those items that he or she thinks the team already has completed.
- 3. When all team members have completed the checklist, have the team discuss their answers to each of the items. As they discuss each item, have the team develop a plan for completing those activities that few team members think have been completed.



Session 3: Planning Activities

Purpose:

The purpose of this session is to introduce the planning activities and provide specific information related to forming committees and subcommittees, conducting needs assessment, establishing standards and planning evaluation.

Total Time:

3 hours

Planning Overview

15 minutes

Goal:

Time:

Give an overview of the planning activities.

Lecture:

Overview of Planning Tasks

1. Use Transparency 17: Planning Tasks. The main tasks during this step are:

» Form committees

» Conduct needs assessment

» Establish program standards

» Plan for evaluation

2. Ask trainees to turn to the Summary of Planning Tasks at the end of the Planning Section in the Local Handbook and review the task related to planning.

3. Remind trainees that 6-8 months are required to complete these tasks but timelines can be flexible depending on staff time, resources, and other organizational priorities.

Committees and Subcommittees

Time:

45 minutes

Goal:

Clarify the role and functions of committees and

subcommittees.

Lecture:

Overview of Committees and Subcommittees

- 1. Use Transparency 18: Organizational Structure and clarify the following:
  - >> The design and delivery of comprehensive programs require a team approach.
  - » Several committees and subcommittee are recommended in the National Career Development Guidelines.
  - » If you have existing committees, e.g., a guidance advisory committee, use them rather than forming new committees.
  - » If your organization or institution is small, you may want to use fewer committees and assign multiple responsibilities to those committees that you do use.



- 2. The following committees and subcommittees are recommended:
  - » Steering Committee. The coordination and management team that:

Obtains administrative support Coordinates all implementation activities Involves other staff and resource persons Communicates with key groups.

» Advisory Committee. A committee with broad representation from key groups such as management, staff, program users, public and private organizations, state-level personnel and counselors educators that:

Reviews recommendations from the Steering Committee. Develops support for the revised program. Provides links to various constituencies.

- » Needs Assessment Subcommittee. A small group that designs, conducts, and analyses needs assessment information to set program improvement priorities.
- » Program Design Subcommittee. A small group that reviews the current program and coordinates the development of new activities to strengthen the program.
- » Evaluation Subcommittee. A small group that outlines, develops, and implements the program evaluation plan.
- 3. The Steering Committee chair, who is the program coordinator, should be a qualified counselor or career development specialist. The chair's responsibilities include:
  - » Secure management support.
  - » Establish communication procedures with management staff.
  - » Recommend other members of the Steering Committee.
  - » Plan and conduct Steering Committee meetings.
  - » Delegate responsibility for specific tasks to committee members or other individuals or groups.



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- 4. The Steering Committee will vary in size according to your organization or institution's size and resources. Steering Committee members need to be interested in career development and committed to program improvement. The committee, comprised of program staff, will include counselors, administrators, instructional staff, and other key staff such as librarians. Committee members' responsibilities include:
  - » Review the National Career Development Guidelines to determine their compatibility with state and organizational policy, laws, regulations, and philosophy.
  - » Identify factors that may support or inhibit the implementation process.
  - » Assess resources needed for the implementation process.
  - » Develop and coordinate the administration of a needs assessment.
  - » Develop individual career development standards and the sequence of delivery.
  - » Review the current career guidance and counseling program in relationship to standards.
  - » Develop a program plan.
  - » Develop procedures for coordinating program activities with other agencies and organizations.
  - >> Design and administer evaluation measures, using the results for program improvement.
  - » Provide training and resource assistance to enhance program implementation.

# Team Activity: Organizing Committees and Subcommittees

- 1. Distribute Handout 6: Organizing the Committees and Subcommittees and have trainees meet in teams.
- 2. Have the teams discuss and make tentative decisions related to each of the questions.



Needs Assessment Time:

60 minutes

Goal:

Clarify methods of conducting needs assessment

Lecture:

Career Development Competencies

- 1. Have participants turn to Figure 2: Career Development Competencies by Areas and Level in Part I of the Local Handbook.
- 2. Review the following about the competencies:
  - » The National Career Development Guidelines provide competencies and indicators that describe desired program outcomes.
  - » These competencies and indicators are based on career development theory.
  - » They have been developed with extensive input from professional groups at the national, state, and local levels.
  - » A competency is a general goal, whereas indicators state specific career development knowledge, skills and attitudes.
  - » Competencies and indicators are provided for four levels -- elementary school, middle/junior high school, high school, and adult.
  - The competencies and indicators are organized around three broad career development areas -- self-knowledge, educational and occupational exploration, and career planning.
  - » The competencies reflect career development themes across the four levels.
- 3. Using Figure 2, review the competencies, stressing the developmental nature of the competency themes across the four levels.

Group Activity:

Review the Competencies and Indicators

1. Organize trainees into small groups by level, that is, by elementary school, middle/junior high school, high school, and adult.

Note to trainer.

For this and other group activities, one of two options can

be used:

Option 1:

Steering Committee.

The group can be a Steering Committee from a specific program level.



#### Option 2: Simulated Organization.

The group can have members from different program settings and can use a simulated organization that the group develops. If this option is used, tell the trainees that they are the program staff for the simulated organization or institution which they are about to create.

Encourage the trainees to be creative as they develop their simulation. Ask each group to decide the answers to these questions about their simulated program:

- Where is your program located? area of country, size and type of community, etc.
- >> What is your organization or institution like? name, size, mission, type of staff, level of resources etc.
- What are your program participants like? specific age ranges, specific backgrounds and needs, etc.
- 2. Ask each group to turn to the Career Development Competencies and Indicators in Appendix A of the Local Handbook and work as a group to review the competencies and indicators for their program level. Encourage them to identify any terms or concepts that are not clear to them.
- 3. Provide time for the groups to ask for clarification of terms and concepts in the large group. Have participants stay in these groups during the next lecture.

#### Lecture: Needs Assessment

- 1. Each program needs to verify the appropriateness of the competencies and indicators for their participants and to be sure they are compatible with existing state and local standards.
- 2. Needs assessment provides information to help do this.
- 3. Use Transparency 19: Benefits of Needs Assessment. A needs assessment can help:
  - » Identify career development needs of students.
  - » Provide information for program planning.
  - » Provide information to help gain policy makers' support.
  - » Provide a basis for the selection and implementation of program activities.



- 4. Have trainees turn to the Needs Assessment Form in Appendix B of the Local Handbook. Review the form indicating that:
  - » This is a sample form and may be modified as needed.
  - » The form can be completed by adding all competencies and indicators for a specific level, e.g., adults.
  - » The Current Achievement category is only used with program staff.
- 5. Use Transparency 20: Needs Assessment Tasks. Explain that the tasks related to conducting a needs assessment include:
  - » Identifying the respondents.
  - » Finalizing the needs assessment instrument.
  - » Collecting data.
  - » Analyzing data.

#### **Group Activity:**

Needs Assessment

- 1. Have trainees meet again with the same group that they were with during the last activity.
- 2. Ask them to turn to the Needs Assessment Form in Appendix B of the Local Handbook for their level and to work individually to complete the Needs Assessment Form for their program (either the real or simulated program).
- 3. Next, have each group develop a group score by totaling points of all group members for each indicator on *importance*, current achievement, and total and dividing the total group score for each indicator by the number of people in the group to obtain a group average for each indicator.
- 4. Have each group member compare the group averages and to his or her individual ratings.

#### Team Activity:

Initial Planning for Needs Assessment

- 1. Ask trainees to meet in local teams (steering committees) for this activity during which they will develop an initial plan for conducting a needs assessment for their own program.
- 2. Distribute Handout 7: Initial Needs Assessment Planning.
- 3. Ask the teams to discuss the questions on *Handout* 7 and make tentative decisions about how they will conduct their needs assessment.



Establish Standards Time:

45 minutes

Goal:

Demonstrate how to set standards.

Lecture:

**Setting Standards** 

- 1. To develop measurable statements that describe desired program outcomes, standards must be developed for the indicators. These standards will specify how and at what level achievement of the indicators will be demonstrated.
- 2. Use Transparency 21: Establish Standards Tasks. The following tasks need to be completed to establish standards for use in program development and evaluation:
  - » Select indicators.
  - » Develop a standard for each indicator.
  - » Develop a sequence for the delivery of the standards.
  - » Document standards in the program plan.
  - » Obtain administrative endorsement of the standards.
- 3. Needs assessment information is used to select indicators from the National Career Development Guidelines that will be used to develop program standards. When selecting indicators remember that:
  - » The number of indicators that are selected will be comprehensive.
  - » All indicators that have been given high average ratings will be seriously considered.
  - » New indicators recommended during the needs assessment will be added only if the Steering Committee believes they are important.
- 4. Once indicators have been selected, standards need to be developed for each indicator. Use *Transparency 22: Indicators and Standards*.
  - » An indicator describes a specific career development attitude, knowledge, or skill.
  - » A standard describes how and at what level the indicator will be achieved.
  - » Sample Indicator. Identify the diverse job opportunities available to an individual with a given set of occupational skills.
  - Sample Standard. Use at least three sources of career information to develop a list of at least three specific occupations related to their individual skills.



#### Session 3: Planning Activities-Cont'd

- 5. Have trainees turn to the Sequence of Delivery Form in Appendix B of the Local Handbook for their level. A sequence of delivery:
  - » Describes when the standards will be delivered, e.g., at which grade level or at what point during the program experience.
  - » Ensures that all standards will be addressed in a systematic way.
  - » Provides direction for reviewing the existing program and designing new program activities.
- 6. When standards have been developed, they become part of the program plan and administrative endorsement is obtained to provide support for their implementation.

#### Group Activity: Establish Standards

- 1. Distribute Handout 8: Sample Standards and review the standards with the total group. Allow trainees to ask questions to clarify their understanding of standards.
- 2. Have trainees meet in the same groups by the level they have been in during previous activities.
- 3. Have them review the group averages for all of the indicators from their needs assessment and select the ones that they will use in their program. They should omit indicators only if they have a low average rating on *importance*. If any group member has developed a new indicator, the group may decide whether to include it.
- 4. Next have the group develop a standard for each of the indicators that they have selected. Have them work in pairs or trios to develop standards. When they have developed the standards, have them share them with the small group.
- 5. Finally, the group should decide on a sequence of delivery using a format similar to that found in the Sequence of Delivery Form in Appendix B of the Local Handbook for their level. This can be determined by grade level for elementary school, middle/junior high school and high school or at key program points (e.g., intake or orientation) at the adult level.
- 6. In the large group, have each group share their reactions to or ask questions about conducting needs assessment and establishing standards.



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Session 4: Development Activities Purpose:

The purpose of this training session is to introduce the development activities and specific information related to conducting a program review, designing new program activities, planning evaluation, and identifying staff development needs.

Total Time:

3 1/2 hours

Development Overview Time:

15 minutes

Goal:

Give an overview of the development activities.

Lecture:

Overview of Development Activities

- 1. Use Transparency 23: Development Tasks. Accomplish these main tasks during this step:
  - » Direct committees and subcommittees.
  - » Review the current program.
  - » Revise the program.
  - » Design evaluation.
  - » Identify staff development needs.
- 2. Ask trainces to turn to the page headed Summary of Development Tasks at the end of the Development Section in the Local Handbook.
- 3. Remind trainees that 6-8 months are typically required to complete these tasks, but timelines should be flexible depending on staff time, resources, and other organizational priorities.

Program Review Time:

30 minutes

Goal:

Introduce methods for reviewing current program.

Lecture:

Program Review

- 1. After standards have been developed, they can provide a basis for conducting a program review.
- 2. The purpose of a program review is to determine how well your current program activities relate to the standards that you have established.
- 3. Use Transparency 24: Program Review Questions. Address the main questions of a program review:
  - » What processes and activities are being used to achieve each standard?
  - » What audience is being reached by these processes and activities?



- » What are the strengths of the current program?
- » What areas need to be improved?
- » What are some recommendations for change?
- 4. Have trainees turn to the Career Development Program Review Form in Appendix B of the Local Handbook and scan the form. Indicate that this is a sample of a review form which they can modify to meet the needs of their own setting.

**Group Activity:** 

Sources of Program Review Information

- 1. Distribute Handout 9: Program Review Information and have trainees form trios.
- 2. Give the trios 10 minutes to brainstorm possible sources of program review information, e.g., interview staff or review curriculum guides. Have one member of each trio record the ideas.
- 3. Check to see which group had the most suggestions and give a prize to that group.
- 4. Reconvene the large group. Tell trainees to list ideas on *Handout 9* as each trio reports their list of sources of program review information. Ask reporters to avoid repeating ideas that have been given by another trio.

## Designing Program Activities

Time:

90 minutes

Goal:

Develop skills in designing program activities.

Group Activity:

Identifying Program Development Resources.

Note to trainer:

Either of the following options may be used for this activity. The purpose is to help trainees identify sources of

information about program activities.

Option 1:

Resource Panel.

Convene a panel of resource persons who can describe state and local program information resources. This panel can include resource persons such as state personnel (guidance, occupational information coordinating committee, post-secondary education, JTPA, vocational rehabilitation, state resource centers etc.), counselor educators, local staff (administrators, library and media center staff, curriculum consultants, and evaluation consultants), representatives of state and local professional associations, and other resource persons.

- 1. Distribute Handout 10: Information about Program Activities.
- 2. As the panel presents information, have trainees write down information for future use.



- 3. Have panel members supply information about the following:
  - » Model programs representing various levels and settings
  - » Current, quality resource materials that are available at the state and local levels
  - » Professional meetings held in the state
  - » State career information delivery system(s), services, and training programs such as Improved Career Decision Making (ICDM) training
  - » Information centers, resource labs, libraries, etc., that have such resources as the ERIC collection

#### Option 2:

Group Resource Mixer.

- 1. Distribute Handout 10: Information about Program Activities to trainees.
- 2. Have trainees work individually to list one suggestion for each of the six categories on *Handout 10*. Also, have them estimate the total number of jobs that they have held in their life.
- 3. Round 1 of mixer (10 minutes): Designate four areas in the room representing the number of jobs held (1-3, 4-6, 6-9, 10 or more) and ask trainees to move to the area that relates to the total number of jobs he or she has held. When they get to that area, have them mix with others and share information that they have written on *Handout 10* and record new information that they receive from others.
- 4. Round 2 (10 minutes): Ask trainees to go to another area and repeat the process of sharing and recording information.
- 5. Round 3 (10 minutes): Ask trainees to go to a third area of the room and repeat the process of sharing and recording information.

#### **Group Activity:**

Designing Program Activities

- 1. Have trainees meet in the same groups by level that they have been in for previous group activities.
- 2. Have trainees turn to the Activity Selection and Design Form in Appendix B of the Local Handbook. Ask them to select two of the standards that they developed and design an activity for each of the standards.
- 3. Have each group share their activities with the total group.
- 4. As a summary to the activity, have trainees turn to the Career Development Program Plan Form in Appendix B of the Local Handbook. Explain that the Career Development Program Plan will provide a master plan for the program which will guide implementation and evaluation.



Evaluation Design Time:

45 minutes

Goal:

Develop skills in designing evaluation.

Lecture:

Program Evaluation

- 1. The Steering Committee will be responsible for managing the evaluation process.
- 2. It is suggested that an Evaluation Subcommittee, comprised of Steering Committee members, other staff, and experts in program evaluation, be formed to manage the evaluation process.
- 3. Use Transparency 25: Design Evaluation. Designing evaluation includes defining the following:
  - » Evaluation focus
  - » Evaluation management plan
  - » Information to be collected
  - » Analyses and interpretation procedures
  - » Reporting of the results
- 4. Review Transparency 26: Evaluation Process to indicate that both process and product evaluation need to be designed.
  - » Product evaluation assesses the extent to which the program helped program participants attain the competencies as specified by the standards. It provides information needed to identify discrepancies between desired and actual individual performance.
  - » Process evaluation reviews the program processes, structure, and schedule against the program plan. It addresses such questions as: Was the program fully implemented within the specified timelines? What problems were encountered in implementing the program? What changes are indicated based on the implementation experience?
- 5. Have participants turn to Figure 8: Process Evaluation Questions in the Local Handbook and have them review the questions that are listed. Note that process evaluation reviews the extent to which the Career Development Program Plan has been implemented.
- 6. Using Transparency 26: Evaluation Process again review the purpose of the product evaluation which is to compare individual achievement against standards.

- 7. Use Transparency 27: Product Evaluation Terms to clarify the definitions of competencies, indicators, standards and measures.
  - » A competency is a broad career development goal.
  - » An indicator describes specific career development attitudes, knowledge, and skills.
  - » A standard describes how and at what level the indicator will be achieved.
  - » A measure is a specific method used to assess a standard.
- 8. During product evaluation, information will be collected about individual performance. The goal will be to use existing information that assesses performance. However, in some cases it will be necessary to design new measures.
- 9. Have trainees turn to Figure 9: Sources and Methods of Data Collection in the Development Section of the Local Handbook. Review the sources and methods of collecting information about performance on career development standards.

As you review these, ask trainees to give some examples of each that are available in their program:

- » Standardized career development instruments
- » Locally developed career assessment measures
- » Follow-up studies
- » Interviews
- » Diaries and journals
- » Checklists
- » Observations
- » Simulations
- » Role-playing situations
- » Paper and pencil tests
- » Planning forms
- 10. When existing measures are not available, new measures will need to be developed by the evaluation subcommittee or other designated group. When designing measures, it will be helpful to:
  - » Design measures in conjunction with program activities.
  - » Modify existing measures when possible.
  - » Develop measures that assess a cluster of standards when possible.

#### Group Activity: Designing Measures

- 1. Have trainees meet in the same groups as the prior activity.
- 2. Have trainees turn to the Measure Selection and/or Development Form in Appendix B of the Local Handbook. Ask them to design measures for the same standards for which they developed program activities.



3. When the groups have designed their measures, have each group share their activities with the total group.

Team Activity:

**Evaluation Planning** 

- 1. Have trainees meet in local Steering Committee teams.
- 2. Distribute Handout 11: Evaluation Planning.
- 3. Ask the teams to brainstorm each question on the handout trying to generate as many ideas as possible. Have one team member record the ideas for the team.
- 4. Have each team share two sources of process evaluation information and two sources of product evaluation information with the large group.



#### Session 5: Implementation Activities

Purpose:

The purpose of this training session is to introduce the implementation activities and provide specific information related to conducting staff development, monitoring program implementation and using evaluation results.

Total Time:

1/2 hour

Time:

30 minutes

Goal:

Give an overview of the implementation activities.

Lecture:

Overview of Implementation Activities

- 1. Use Transparency 28: Implementation Tasks and review the main tasks during this step --
  - » Involve committees and subcommittees in implementation.
  - » Conduct staff development.
  - » Monitor program implementation.
  - » Evaluate and use results for program improvement.
- 2. Ask trainees to turn to the page headed Summary of Implementation Tasks at the end of the Implementation Section in the Local Handbook. Review the following information about these tasks with trainees.

#### 3. Involve committees:

- The Steering Committee will continue to have overall management and coordination responsibility.
- » The Program Design Subcommittee will refine the delivery of activities.
- » The Evaluation Subcommittee will coordinate implementation of the evaluation plan.

#### 4. Staff development:

- Wing Transparency 29: Staff Competency Areas, review the staff competency areas including counseling, information, individual and group assessment, management and administration, consultation and special populations.
- » Have trainees turn to the Staff Competencies section in Part I of the Local Handbook and review the competencies.
- » Ask trainees to turn to the Self-Assessment of Staff Development Needs Form in Appendix B of the Local Handbook. Suggest that this type of form can be used to help identify staff development needs, develop individual plans and arrange staff development experiences.
- » Ask trainees to turn to Figure 10: Staff Development Activities in the Local Handbook and review the types of activities listed.



#### Session 5: Implementation Activities-Cont'd

#### 5. Monitor program implementation:

- » The management and program schedule sections of the Career Development Program Plan provide a basis for monitoring program implementation.
- » The Steering Committee will want to develop specific monitoring procedures to support communication, identify problems and develop solutions.

#### 6. Evaluate and use results:

- » The evaluation subcommittee will monitor the implementation of the evaluation plan.
- » An Individual Career Plan such as the one shown in Appendix B of the Local Handbook can be used to monitor individual achievement of the standards.
- When the second with the se

What were the participant achievement levels on the career development standards?

Were the program structure and activities fully implemented on schedule?

What are the strengths and weaknesses of the program?

What are the priorities for program improvement?

7. Remind trainees that 12 months are typically required to implement the program, but timelines should be flexible depending on staff time, resources, and other organizational priorities.



Session 6: Develop a Steering Committee Management Plan

Purpose:

To give local steering committees the opportunity to use

the information from training sessions to develop a

management plan.

**Total Time:** 

2 hours

Lecture:

**Management Plans** 

- 1. Distribute Handout 12: Summary of the Implementation Strategies.
- 2. This training workshop provided an overview of the National Career Development Guidelines Local Handbook including the guidelines' content and steps in the implementation process.
- 3. The training activities have been intended to help you develop skills in using the implementation strategies to improve your current program.
- 4. The implementation process requires at least two years and involves three steps--planning, development, and implementation.
- 5. It will be helpful to develop a steering committee management plan that specifies tasks and activities that the steering committee and subcommittees will complete. Handout 12: Summary of Implementation Strategies summarizes these tasks and activities.

Team Activity:

Developing a Steering Committee Management Plan

- 1. Distribute Handout 13: Steering Committee Management Plan.
- 2. Have the local steering committee teams meet to work on their plan. Suggest that they set the goal of describing tasks and subtasks for the *Planning Tasks* as listed on *Handout 12*.
- 3. Encourage teams to use the information from various team planning activities which they completed during the workshop to develop their plan.



#### Session 7: Workshop Wrap-up and Evaluation

Purpose:

To clarify final questions from trainees and evaluate the

training workshop.

Time:

1 hour

Group Discussion:

Questions, Forms and Certificates

- 1. Ask trainees if they have any final questions about:
  - » The National Career Development Guidelines products
  - » The Steering Committee Management Plan
  - » How to contact resource persons
  - » Other concerns
- 2. Finalize arrangement for continuing education credit by signing forms.
- 3. Distribute certificates of attendance to trainees.

Individual Activity:

Workshop Evaluation Form

- 1. Distribute Handout 14: Workshop Evaluation Form.
- 2. Clarify instructions for completing the instrument.
- 3. Tell trainees this is the final activity; they may leave when they have completed the instrument.
- 4. Thank the trainees for attending the training workshop.





#### **GOALS OF THE TRAINING WORKSHOP**

- 1. Learn to use the National Career Development Guidelines products.
- 2. Understand the basic concepts related to career development and to career guidance and counseling programs.
- 3. Be familiar with the National Career Development Guidelines competencies and indicators.
- 4. Understand the National Guidelines' program implementation strategies.
- 5. Conduct team-building to help the steering committee function more effectively.
- 6. Increase motivation and interest in using the National Career Development Guidelines to improve programs.
- 7. Identify resources that can support program improvement.
- 8. Develop an implementation management plan for using the National Career Development Guidelines for program improvement.



#### **INITIAL PROGRAM REVIEW**

- 1. Does our program have a clearly stated mission?
- 2. Does our program have standards that specify the career development outcomes that will result from the program?
- 3. Does our program use comprehensive program processes that specify activities, audience, staff, and schedule?
- 4. Does our program have an effective program structure including leadership, staffing, facilities, budget and management plan?
- 5. Does our program have a master schedule to support the timely, coordinated delivery of program activities?
- 6. Does our program include systematic evaluation procedures that provide information used for program improvement?



PROGRAM BENEFITS						
Trend	Problems Concerns	Program Benefits	<del></del>			
Changing Population						
Changing Workplace						
Family Involvement						
Program Excellence			•			
Program Articulation and Coordination						



#### **BENEFITS SUMMARY**

Research affirms that a comprehensive program in combination with other interventions is effective in providing the following benefits.

Changing Adult Population

Increased completion rates

Higher self-esteem and self-concept

Better social adjustment Improved job-related literacy

Changing Workplace

Better understanding of the relationship between training and employment

More competent decision-making

Improved information-seeking and information-using skills

Greater awareness of changes in the world of work

Greater independence in decision-making

Better job-seeking skills

More successful career transitions

Family Involvement

More effective coordination of work and family roles Increased involvement of family in career planning

**Program Excellence** 

Improved basic skills achievement

Increased appreciation for the value of education and training Increased motivation resulting from personal career goals

Increased willingness to participate in training

Achievement assessed regularly

Program components evaluated in relationship to outcomes

Program Articulation and Coordination

Career development outcomes clearly communicated across organizations

Reinforcement of outcomes in programs at different levels

Reduced duplication of services
Increased coordination of benefits



## **READINESS CHECKLIST**

1.	We are aware of state-level activities related to career development guidelines or standards.
2.	Our administration endorses the implementation strategies.
3.	Our program staff endorses the implementation strategies.
4.	We have appointed a program coordinator.
5.	We have appointed a steering committee and are providing training for its members.
<u> </u>	We are willing to appoint an advisory committee to provide input and review.
<u> </u>	We are willing to provide adequate time for the coordinator, steering committee, advisory committee and other staff to complete the implementation strategies.
8.	We are willing to allocate financial resources to support implementation.
<u> </u>	We are willing to provide inservice training for our staff to support implementation.
10.	We are willing to identify and use outside resource persons (e.g., state agency staff or counselor educators) to support implementation.



#### ORGANIZING COMMITTEES AND SUBCOMMITTEES

#### 1. Steering Committee --

Do we need to add members to the steering committee? If yes, who do we want to add?

#### 2. Advisory Committee --

Do we want to use an existing advisory committee or form a new committee?

Who will represent the following groups on the advisory committee: management, staff, program users, public and private organizations, state-level personnel and counselor educators?

#### 3. Needs Assessment Subcommittee -

Designs, conducts, and analyses needs assessment information prior to improving the program.

Who do we want to serve on the needs assessment subcommittee: from the steering committee, others from our organization, and others from outside of our organization?

#### 4. Program Design Subcommittee --

Reviews current program and develops new activities to strengthen the program.

Who do we want to serve on the program design subcommittee: from the steering committee, others from our organization, and others from outside of our organization?

#### 5. Evaluation Subcommittee --

Outlines, develops, and implements the program evaluation plan.

Who do we want to serve on the evaluation subcommittee: from the steering committee, others from our organization, and others from outside of our organization?



#### NEEDS ASSESSMENT PLANNING

#### 1. Identify the respondents

- » Which groups will be assessed (administrators, instructors, counselors, other staff, parents, program participants, others)?
- » How will these groups be sampled?
- » Based on our expected return (e.g., 50%, 65%, etc.), how many people do we need to have in the sample?

#### 2. Finalize the needs assessment instrument

- » Does the recommended needs assessment instrument meet our needs? If not, how should it be modified?
- what alternative forms do we want to develop for specific groups? For example, simplify the items for students and clients by asking them to respond only to the importance of the indicators or simplify the language to be more easily understood.
- Will respondents be willing to respond to the entire instrument or should we divide the competencies into two instrument?
- » How should we format the instrument so it is easy to score?

#### 3. Collect data

- » How will the instruments be administered? Will we use a different approach for different groups?
- » Who will be responsible for administrating the instrument to each group?
- » What is our time schedule for administration?
- » How many follow-ups will we do? When should they be done? How will we do them (e.g., mail, telephone)?

#### 4. Analyze data

- » How will we determine what competencies and indicators were rated most and least important?
- » How will we determine whether the results differed by group?
- » How can we report the results to various groups?



#### SAMPLE STANDARDS

#### ELEMENTARY SCHOOL - COMPETENCY II: SKILLS TO INTERACT WITH OTHERS

Indicator: Make positive statements about self and others.

Standard: During a classroom discussion about skills learned in school that might be used on the job, the student will be able to describe three skills that he or she has and three skills that another student in the class has.

MIDDLE/JUNIOR HIGH SCHOOL - COMPETENCY VI: SKILLS TO LOCATE, UNDERSTAND AND USE CAREER INFORMATION.

Indicator: Demonstrate skills in using school and community resources to learn about occupational groups.

Standard: When writing a report on an occupational group of interest to the student, he or she will use at least two written materials and one human resource to obtain information.

HIGH SCHOOL - COMPETENCY X: UNDERSTANDING THE INTERRELATIONSHIP OF LIFE ROLES

Indicator: Describe the ways in which occupational choices may affect lifestyle.

Standard: After an interview with a parent or friend, the student can describe one way in which the individual's job affects each of the following: family life, financial resources, relationships with friends, and leisure activities.

#### ADULT - COMPETENCY XII: SKILLS TO MAKE CAREER TRANSITIONS

Indicator: Describe strategies to use during transitions, approaches such as networks and stress management.

Standard: During an interview with a counselor, the dislocated worker will name three people that he or she can use for support and three positive activities that he or she can use to reduce stress during his or her career transition.



## HANDOUT 9 PROGRAM REVIEW INFORMATION

What types of information can we use to conduct a review of our current program?

Ideas from My Trio...

Ideas from Other Trios...



## **INFORMATION ABOUT PROGRAM ACTIVITIES**

1.	Specific program activities
2.	Program materials
3.	Exemplary programs to visit
<b>4</b> .	Professional meetings to attend
5.	Career information delivery system(s) and other State Occupational Information Coordinating Committee (SOICC) materials and services
6.	Information centers, curriculum labs, or libraries that have resources and materials



EVALUATION PLANNING					
1.	Which individuals have expertise that would be needed for the evaluation task force?  From the steering committee?				
	From our institution?				
	From outside of our institution?				
2.	What types of information are currently available that can be used for process evaluation (e.g., program guides, staff position descriptions, staff time logs, program calendars, etc.)?				
3.	What types of information are currently available that can be used for product evaluation (e.g., individual career plans, classroom tests, staff observations, standardized tests, follow-up studies, etc.)?				



#### SUMMARY OF IMPLEMENTATION STRATEGIES

#### Planning Tasks (Months 1-6)

- 1. Form Committees
  - a. Identify the steering committee
  - b. Select advisory committee members
  - c. Appoint subcommittees needs assessment, program design, and evaluation
- 2. Conduct a needs assessment
  - a. Identify respondents
  - b. Finalize the needs assessment instrument
  - c. Collect data
  - d. Analyze data
- 3. Establish program standards
  - a. Select competencies and indicators
  - b. Establish standards for the indicators
  - c. Develop sequence for delivery
  - d. Document mission and standards
  - e. Obtain management endorsement
- 4. Initiate evaluation planning

#### Development Tasks (Month 6-12)

- 1. Direct Committees
- 2. Review the current career development program
  - a. Identify types of information needed
  - b. Collect information
  - c. Set program improvement priorities
- 3. Review the career development program plan
  - a. Obtain new program ideas
  - b. Design the improved program
  - c. Document the improved program
- 4. Design the evaluation
  - a. Outline evaluation tasks
  - b. Identify process evaluation procedures
  - c. Identify product evaluation procedures
- 5. Identify staff development needs

## Implementation

Tasks

(Months 12-24)

- 1. Involve committees
- 2. Conduct staff development
- 3. Monitor program implementation
- 4. Evaluate and use results for program improvement
  - a. Monitor individual achievement
  - b. Determine effectiveness of the program
  - c. Communicate strengths, needs, and benefits of the program



	OTERNIA AA	HANDOUT 13		
Task	EMENT PLAN	Meline		
- 40-	Subtasks	Person(s) Responsible	Start	End



## **WORKSHOP EVALUATION FORM**

g Location					Date
Participant Information					
Current Job Title		_			
Employment Setting: Elementa	ry N	/idd	lc/Jı	امنس	High
High School Post-secondar	y H	luma	ın Se	ervic	e Agency Business
Workshop Format					
Which topics should receive	more at	tenti	on?		
Which topics should receive	less atte	entio	<b>n?</b>		
b. Please rate the workshop tr	, ,				_
Knowledge of material					
Preparation	5	4	3	2	1
Organization	5	4	3	2	1
Delivery	5	4	3	2	1
c. What one or two recommer materials or process?	dations '	woш	l <b>d</b> yo	u m	ake about improvement of the train
	Current Job Title  Employment Setting: Elementa: High School Post-secondar  Workshop Format  a. The amount of time allotted Yes No (If no, p)  Which topics should receive  Which topics should receive  b. Please rate the workshop transfer of the workshop tra	Employment Setting: Elementary No High School Post-secondary Horkshop Format  a. The amount of time allotted for each Yes No (If no, please and Which topics should receive more at Which topics should receive less attempts to the property of the property o	Employment Setting: Elementary Middle High School Post-secondary Human Workshop Format  a. The amount of time allotted for each trayes No (If no, please answer Which topics should receive more attention.  Which topics should receive less attention.  Which topics should receive less attention.  Excellent Knowledge of material 5 4.  Preparation 5 4.  Organization 5 4.  Delivery 5 4.	Employment Setting: Elementary Middle/Ju High School Post-secondary Human Set Workshop Format  a. The amount of time allotted for each training Yes No (If no, please answer the  Which topics should receive more attention?  Which topics should receive less attention?  b. Please rate the workshop trainer(s) on the for  Excellent  Knowledge of material	Employment Setting: Elementary Middle/Junion High School Post-secondary Human Service Workshop Format  a. The amount of time allotted for each training top Yes No (If no, please answer the follow Which topics should receive more attention?  Which topics should receive less attention?  b. Please rate the workshop trainer(s) on the follow Excellent  Knowledge of material



## Handout 14-Cont'd

#### 3. Workshop Outcomes

5	4	3	2	1
5	4	3	2	1
5	4	3	2	1
5	4	3	2	1
5	4	3	2	1
5	4	3	2	1
5	4	3	2	1
5	4	3	2	1
	5 5 5 5	5 4 5 4 5 4 5 4	5 4 3 5 4 3 5 4 3 5 4 3	5 4 3 2 5 4 3 2 5 4 3 2 5 4 3 2 5 4 3 2

#### 4. Workshop Follow-up

As a follow-up to this training, I would like to have further information on the following --

- a.
- b.
- C.

Thank you for your input and good luck in your National Guidelines implementation activities.



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## **TRANSPARENCIES**

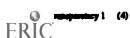


## The **National Guidelines**



## **Purpose:**

The purpose of the National Career Development Guidelines is to stimulate the development of national, state, and local activities that result in improved programs.



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# National Guidelines **Uses...**



- Strengthen career development programs at all levels
- Enhance the achievement of career development competencies
- Develop state and local career development standards
- Improve existing programs
- Support program evaluation

## National Guidelines Historical Background...



- National Career Development Association
- AVA Guidance Division
- State Guidance Supervisors
- Other Groups

## National Guidelines Development...

- National Leaders
- Practitioners
- Career Development Experts
- State Grants
- Local Pilot Sites

# States Implementing the National Career Development Guidelines Not Funded

## National Guidelines Endorsements...

- AACD
- ACSCI
- ASCA
- AVA Guidance Division
- CCSSO
- NASCD/GS
- NASOICC
- NCDA



National Guidelines Comprehensive Program Model Personal & **Educational** Social Goals Goals

## National Guidelines Comprehensive Programs...

- Are identifiable but integrated with other programs
- Are articulated across levels
- Enhance career development competencies (outcome based)
- Use a variety of coordinated activities
- Have a defined structure
- Are accountable through evaluation



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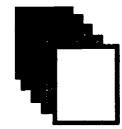
### National Guidelines Program Plan



- Mission
- Career Development Standards
- Program Processes--processes, activities, audience, staff and schedule
- Program Structure--leadership, staff, facilities, budget, and management plan
- Program Schedule
- Evaluation Plan



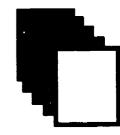
## National Guidelines Trends and Issues...



- Changing Population
- Changing Workplace
- Family Involvement
- Program Excellence
- Program Articulation and Coordination



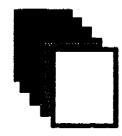
#### National Guidelines Content...



- Program Participant Competencies and Indicators
- Organizational Capabilities
- Personnel Requirements



## National Guidelines Competency Areas...



- Self-knowledge
- Educational and Occupational Exploration
- Career Planning



## National Guidelines Organizational Capabilities...



- Program Structure and Commitments
- Facilities
- Training and Materials



## National Guidelines Staff Competency Areas...

- Counseling
- Information
- Individual and Group Assessment
- Management and Administration
- Implementation
- Consultation
- Special Populations







## National Guidelines Implementation Strategies

## Advantages:

Implementation
Development
Planning

- Secure commitments and resources
- Strengthen staff expertise
- Team effectively
- Clarify roles and responsibilities
- Implement on a reasonable time schedule
- Involve key groups in the decision process
- Use resources effectively
- Evaluate the outcomes of the program



## National Guidelines Implementation Strategies

12-24 months

- Implementation
- 6-12 months
  - Development
- 1-6 months
  - Planning



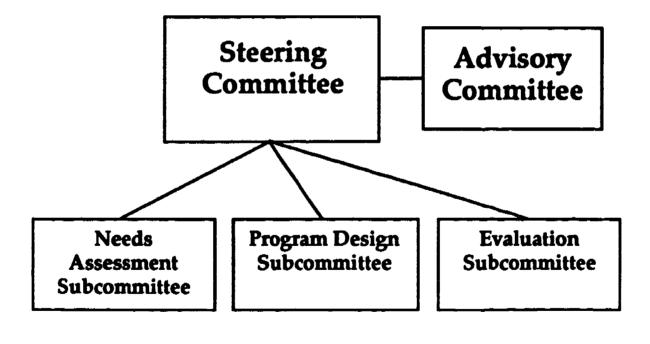
## National Guidelines Planning Tasks

Implementation
Development
Planning

- Form committees
- Conduct needs assessment
- Establish program standards
- Develop evaluation plan



## Planning Organizational Structure





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#### Planning Benefits of Needs Assessment

- Identify career development needs of students
- Provide information for program planning
- Provide information to help gain policy makers support
- Enhance the selection and implementation of activities



## Planning Needs Assessment Tasks...

- Identifying the respondents
- Finalizing the needs assessment instrument
- Collecting data
- Analyzing data



## Planning Establish Standards Tasks...

- Select indicators
- Develop a standard for each indicator
- Develop a sequence for the delivery of the standards
- Document standards in the program plan
- Obtain administrative endorsement of the standards



#### Planning Indicators and Standards...

An *indicator* describes a specific career development attitude, knowledge, or skill. A *standard* describes how and at what level the indicator will be achieved.

Sample Indicator. Identify the diverse job opportunities available to an individual with a given set of occupational skills.

Sample Standard. Use at least three sources of career information to develop a list of at least three specific occupations related to their individual skills.



### National Guidelines Development Tasks...

Implementation
Development
Planning

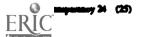
- Direct committees and subcommittees
- Review the current program
- Revise the program
- Design evaluation
- Identify staff development needs



#### Development Program Review Questions...

- What processes and activities are being used to achieve each standard?
- What audience is being reached by these processes and activities?
- What are the strengths of the current program?
- What areas need to be improved?
- What are some recommendations for change?

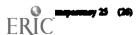




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## Development **Design Evaluation**

- Evaluation Focus
- Evaluation Management Plan
- Information To Be Collected
- Analysis and Interpretation Procedures
- Reporting of the Results



#### Development Evaluation Process...

#### **Process Evaluation**

Review program process, structure and schedule against plan

#### **Product Evaluation**

Compare individual achievement against standards

#### **Uses of Evaluation Results**

- Monitor individual progress
- Assess program effectiveness
- Communicate benefits and need of program





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#### Development Product Evaluation Terms

- A *competency* is a broad career development goal.
- An indicator describes a specific career development ability, knowledge, or skill.
- A *standard* describes how and at what level the indicator will be achieved.
- A *measure* is a specific method used to assess a standard.



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#### National Guidelines Implementation Tasks...

Implementation
Development
Planning

- Involve committees and subcommittees in implementation
- Conduct staff development
- Monitor program implementation
- Evaluate and use results for program improvement



# Implementation Staff Competency Areas...

- Counseling
- Information
- Individual and Group Assessment
- Management and Administration
- Implementation
- Consultation
- Special Populations



#### Implementation Evaluation report will address...

- What were the achievement levels on the career development standards?
- Were the program structure and activities fully implemented on schedule?
- What are the strengths and weaknesses of the program?
- What are the priorities for program improvement?



#### THE NATIONAL CAREER DEVELOPMENT GUIDELINES PRODUCTS

The National Career Counseling and Development Guidelines: Community and Business Organization

The National Career Counseling and Development Guidelines:
Postsecondary Institutions

The National Career Guidance and Counseling Guidelines: High Schools

The National Career Guidance and Counseling Guidelines: Middle/Junior High Schools

The National Career Guidance and Counseling Guidelines: Elementary Schools

The National Career Development Guidelines: Trainer's Manual

